O Lord, raise up, we pray, your power and come among us,

and with great might succour us; that whereas, through our sins and wickedness

we are grievously hindered in running the race that is set before us,

your bountiful grace and mercy may speedily help and deliver us; through Jesus Christ your Son our Lord.

to whom with you and the Holy Spirit, be honour and glory, now and for ever.

FIRST READING Isaiah 40:1-11

A reading from the book of the prophet Isaiah.

Comfort, O comfort my people, says your God. Speak tenderly to Jerusalem, and cry to her that she has served her term, that her penalty is paid, that she has received from the Lord's hand double for all her sins. A voice cries out: "In the wilderness prepare the way of the LORD, make straight in the desert a highway for our God. Every valley shall be lifted up, and every mountain and hill be made low; the uneven ground shall become level, and the rough places a plain. Then the glory of the LORD shall be revealed, and all people shall see it together, for the mouth of the LORD has spoken." A voice says, "Cry out!" And I said, "What shall I cry?" All people are grass, their constancy is like the flower of the field. The grass withers, the flower fades, when the breath of the LORD blows upon it; surely the people are grass. The grass withers, the flower fades; but the word of our God will stand for ever. Get you up to a high mountain, O Zion, herald of good tidings; lift up your voice with strength, O Jerusalem, herald of good tidings, lift it up, do not fear; say to the cities of Judah, "Here is your God!" See, the Lord GOD comes with might, and his arm rules for him; his reward is with him, and his recompense before him. He will feed his flock like a shepherd; he will gather the lambs in his arms, and carry them in his bosom, and gently lead the mother sheep.

PSALM Psalm 85:1-2. 8-13

R Show us your mercy, O Lord, and grant us your salvation.

You have been gracious to your land, O Lord,

you have restored the good fortune of Jacob.

You have forgiven the iniquity of your people

and blotted out all their sins. R

I will listen to what the Lord God is saying,

for he is speaking peace to his faithful people

and to those who turn their hearts to him.

Truly, his salvation is very near to those who fear him,

that his glory may dwell in our land. R

Mercy and truth have met together; righteousness and peace have kissed each other.

Truth shall spring up from the earth, and righteousness shall look down from heaven. R

The Lord will indeed grant prosperity, and our land will yield its increase. Righteousness shall go before him, and peace shall be a pathway for his feet. R

SECOND READING

2 Peter 3:8-15a

A reading from the second letter of Peter.

Do not ignore this one fact, beloved, that with the Lord one day is like a thousand years, and a thousand years are like one day. The Lord is not slow about his promise, as some think of slowness, but is patient with you, not wanting any to perish, but all to come to repentance. But the day of the Lord will come like a thief, and then the heavens will pass away with a loud noise, and the elements will be dissolved with fire, and the earth and everything that is done on it will be disclosed. Since all these things are to be dissolved in this way, what sort of persons ought you to be in leading lives of holiness and godliness, waiting for and hastening the coming of the day of God, because of which the heavens will be set ablaze and dissolved, and the elements will melt with fire? But, in accordance with his promise, we wait for new heavens

and a new earth, where righteousness is at home. Therefore, beloved, while you are waiting for these things, strive to be found by him at peace, without spot or blemish; and regard the patience of our Lord as salvation.

GOSPEL Mark 1:1-8

Hear the gospel of our Lord Jesus Christ according to Mark.

The beginning of the good news of Jesus Christ, the Son of God. As it is written in the prophet Isaiah, "See, I am sending my messenger ahead of you, who will prepare your way; the voice of one crying out in the wilderness: 'Prepare the way of the Lord, make his paths straight,"" John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, "The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with water; but he will baptize you with the Holy Spirit."

POST COMMUNION

Father in heaven, who sent your Son to redeem the world

and will send him again to be our judge:

give us grace so to imitate him in the humility and purity of his first coming

that, when he comes again, we may be ready to greet him with joyful love and firm faith; through Jesus Christ our Lord.



O Lord Jesus Christ, who at your first coming sent your messenger

to prepare your way before you: grant that the ministers and stewards of your mysteries

may likewise so prepare and make ready your way

by turning the hearts of the disobedient to the wisdom of the just,

that at your second coming to judge the world

we may be found an acceptable people in your sight;

for you are alive and reign with the Father

in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

Isaiah 61:1-4. 8-11

A reading from the book of the prophet

The servant of the LORD said: The spirit of the Lord GOD is upon me, because the LORD has anointed me; he has sent me to bring good news to the oppressed, to bind up the brokenhearted, to proclaim liberty to the captives, and release to the prisoners; to proclaim the year of the Lord's favour, and the day of vengeance of our God; to comfort all who mourn; to provide for those who mourn in Zion - to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of righteousness, the planting of the LORD, to display his glory. They shall build up the ancient ruins, they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations. For I the LORD love justice, I hate robbery and wrongdoing; I will faithfully give them their recompense, and I will make an everlasting covenant with them. Their descendants shall be known among the nations, and their offspring among the peoples; all who see them shall acknowledge that they are a people whom the LORD has blessed. I will greatly rejoice in the LORD, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and

as a garden causes what is sown in it to spring up, so the Lord GOD will cause righteousness and praise to spring up before all the nations.

PSALM OR CANTICLE

Either Psalm 126

R The Lord has done great things for us [and we are glad indeed].

When the Lord restored the fortunes of

then were we like those who dream. Then was our mouth filled with laughter,

and our tongue with shouts of joy. R

Then they said among the nations, "The Lord has done great things for them."

The Lord has done great things for us, and we are glad indeed. R

Restore our fortunes, O Lord, like the watercourses of the Negev. Those who sowed with tears will reap with songs of joy. Those who go out weeping, carrying

will come again with joy, shouldering their sheaves. R

Or Luke 1:46*b*-55

R My spirit rejoices in God my Saviour. My soul proclaims the greatness of the Lord;

My spirit rejoices in God my Saviour. For he has looked with favour on his lowly servant;

from this day all generations will call me blessèd.

The Almighty has done great things

and holy is his name. R

He has mercy on those who fear him in every generation.

He has shown the strength of his arm; he has scattered the proud in their conceit. R

He has cast down the mighty from their thrones

and has lifted up the lowly.

He has filled the hungry with good

and the rich he has sent away empty. R

He has come to the help of his servant,

for he has remembered his promise of

The promise he made to our forebears: to Abraham and his children for ever. R

SECOND READING

1 Thessalonians 5:16-24

A reading from the first letter of Paul to the Thessalonians.

My brothers and sisters, rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit. Do not despise the words of prophets, but test everything; hold fast to what is good; abstain from every form of evil. May the God of peace himself sanctify you entirely; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do this.

GOSPEL John 1:6-8. 19-28

Hear the gospel of our Lord Jesus Christ according to John.

There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light. This is the testimony given by John when the Jews sent priests and Levites from Jerusalem to ask him, "Who are you?" He confessed and did not deny it, but confessed, "I am not the Messiah." And they asked him, "What then? Are you Elijah?" He said, "I am not." "Are you the prophet?" He answered, "No." Then they said to him, "Who are you? Let us have an answer for those who sent us. What do you say about yourself?" He said, "I am the voice of one crying out in the wilderness, 'Make straight the way of the Lord," as the prophet Isaiah said. Now they had been sent from the Pharisees. They asked him, "Why then are you baptizing if you are neither the Messiah, nor Elijah, nor the prophet?" John answered them, "I baptize with water. Among you stands one whom you do not know, the one who is coming after me; I am not worthy to untie the thong of his sandal." This took place in Bethany across the Jordan where John was baptizing.

POST COMMUNION

We give you thanks, O Lord, for these heavenly gifts;

kindle in us the fire of your Spirit that when your Christ comes again we may shine as lights before his face; who is alive and reigns now and for ever.



God our redeemer. who prepared the Blessed Virgin Mary to be the mother of your Son: grant that, as she looked for his coming as our saviour,

so we may be ready to greet him when he comes again as our judge; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

2 Samuel 7:1-11. 16

A reading from the second book of Samuel.

Now when David the king was settled in his house, and the LORD had given him rest from all his enemies around him, the king said to the prophet Nathan, "See now, I am living in a house of cedar, but the ark of God stays in a tent." Nathan said to the king, "Go, do all that you have in mind; for the LORD is with you." But that same night the word of the LORD came to Nathan: Go and tell my servant David: Thus says the LORD: Are you the one to build me a house to live in? I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent and a tabernacle. Wherever I have moved about among all the people of Israel, did I ever speak a word with any of the tribal leaders of Israel, whom I commanded to shepherd my people Israel, saying, "Why have you not built me a house of cedar?" Now therefore you shall say to my servant David: Thus says the LORD of hosts: I took you from the pasture, from following the sheep to be prince over my people Israel; and I have been with you wherever you went, and have cut off all your enemies from before you; and I will make for you a great name, like the name of the great ones of the earth. And I will appoint a place for my people Israel and will plant them, so that they may live in their own place, and be disturbed no more; and evildoers shall afflict them no more, as formerly, from the time that I appointed judges over my people Israel; and I will give you rest from all your enemies. Moreover the Lord declares to you, David, that the Lord will make you a house. Your house

and your kingdom shall be made sure for ever before me; your throne shall be established for ever.

CANTICLE OR PSALM

Either Luke 1:46*b*-55

R My spirit rejoices in God my Saviour.

Or Psalm 89:1-4. 19-26

R Your love, O Lord, for ever will I sing.

Your love, O Lord, for ever will

from age to age my mouth will proclaim your faithfulness.

For I am persuaded that your love is established for ever;

you have set your faithfulness firmly in the heavens. R

"I have made a covenant with my chosen one;

I have sworn an oath to David my servant:

'I will establish your line for ever, and preserve your throne for all generations." R

You spoke once in a vision and said to your faithful people: "I have set the crown upon a warrior and have exalted one chosen out of the people.

I have found David my servant; with my holy oil have I anointed him. R

My hand will hold him fast and my arm will make him strong. No enemy shall deceive him, nor the wicked bring him down. I will crush his foes before him and strike down those who hate him. R

My faithfulness and love shall be with him.

and he shall be victorious through my name.

I shall make his dominion extend from the Great Sea to the River. He will say to me, 'You are my Father, my God and the rock of my salvation." R

SECOND READING

Romans 16:25-27

A reading from the letter of Paul to the

To God who is able to strengthen you according to my gospel and the proclamation of Jesus Christ, according to the revelation of the mystery that was kept secret for long ages but

is now disclosed, and through the prophetic writings is made known to all the Gentiles, according to the command of the eternal God, to bring about the obedience of faith - to the only wise God, through Jesus Christ, to whom be the glory for ever! Amen.

GOSPEL Luke 1:26-38

Hear the gospel of our Lord Jesus Christ according to Luke.

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And he came to her and said, "Greetings, favoured one! The Lord is with you." But she was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, "Do not be afraid, Mary, for you have found favour with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob for ever, and of his kingdom there will be no end. Mary said to the angel, "How can this be, since I am a virgin?" The angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. For nothing will be impossible with God." Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." Then the angel departed from her.

POST COMMUNION

Heavenly Father, who chose the Blessed Virgin Mary to be the mother of the promised

fill us your servants with your grace, that in all things we may embrace your holv will

and with her rejoice in your salvation; through Jesus Christ our Lord.



Almighty God,

you have given us your only-begotten Son

to take our nature upon him and as at this time to be born of a pure virgin:

grant that we, who have been born again

and made your children by adoption and grace,

may daily be renewed by your Holy Spirit;

through Jesus Christ your Son our Lord,

who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

Isaiah 52:7-10

A reading from the book of the prophet Isaiah.

How beautiful upon the mountains are the feet of the messenger who announces peace, who brings good news, who announces salvation, who says to Zion, "Your God reigns." Listen! Your sentinels lift up their voices, together they sing for joy; for in plain sight they see the return of the LORD to Zion. Break forth together into singing, you ruins of Jerusalem; for the LORD has comforted his people, he has redeemed Jerusalem. The LORD has bared his holy arm before the eyes of all the nations; and all the ends of the earth shall see the salvation of our God.

PSALM Psalm 98

R All the ends of the earth have seen the victory of our God.

Sing to the Lord a new song, for he has done marvellous things. With his right hand and his holy arm has he won for himself the victory. R

The Lord has made known his victory; his righteousness has he openly shown

in the sight of the nations. He remembers his mercy and faithfulness

to the house of Israel, and all the ends of the earth have

the victory of our God. R

Shout with joy to the Lord, all you lands;

lift up your voice, rejoice and sing.
Sing to the Lord with the harp,
with the harp and the voice of song.
With trumpets and the sound of the
horn

shout with joy before the King, the Lord. **R**

Let the sea make a noise and all that is in it,

the lands and those who dwell therein.

Let the rivers clap their hands, and let the hills ring out with joy before the Lord,

when he comes to judge the earth. In righteousness shall he judge the world,

and the peoples with equity. R

SECOND READING

Hebrews 1:1-4 [5-12]

A reading from the letter to the Hebrews.

Long ago God spoke to our ancestors in many and various ways by the prophets, but in these last days he has spoken to us by a Son, whom he appointed heir of all things, through whom he also created the worlds. He is the reflection of God's glory and the exact imprint of God's very being, and he sustains all things by his powerful word. When he had made purification for sins, he sat down at the right hand of the Majesty on high, having become as much superior to angels as the name he has inherited is more excellent than theirs. [For to which of the angels did God ever say, "You are my Son; today I have begotten you"? Or again, "I will be his Father, and he will be my Son"? And again, when he brings the firstborn into the world, he says, "Let all God's angels worship him." Of the angels he says, "He makes his angels winds, and his servants flames of fire." But of the Son he says, "Your throne, O God, is for ever and ever, and the righteous sceptre is the sceptre of your kingdom. You have loved righteousness and hated wickedness; therefore God, your God, has anointed you with the oil of gladness beyond your companions." And, "In

the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same, and your years will never end."]

GOSPEL John 1:1-14

Hear the gospel of our Lord Jesus Christ according to John. In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. What has come into being in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it. There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light. The true light, which enlightens everyone, was coming into the world. He was in the world, and the world came into being through him; yet the world did not know him. He came to what was his own, and his own people did not accept him. But to all who received him, who believed in his name, he gave power to become children of God, who were born, not of blood or of the will of the flesh or of the will of man but of God. And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father's only son, full of grace and truth.

POST COMMUNION

God our Father,

whose Word has come among us in the Holy Child of Bethlehem: may the light of faith illumine our hearts and shine in our words and

through him who is Christ the Lord.



Almighty God,
who wonderfully created us in
your own image
and yet more wonderfully
restored us
through your Son Jesus Christ:
grant that, as he came to share in
our humanity,
so we may share the life of his
divinity;

who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING

Isaiah 61:10 - 62:3

A reading from the book of the prophet Isaiah.

I will greatly rejoice in the LORD, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord GOD will cause righteousness and praise to spring up before all the nations. For Zion's sake I will not keep silent, and for Jerusalem's sake I will not rest, until her vindication shines out like the dawn, and her salvation like a burning torch. The nations shall see your vindication, and all the kings your glory; and you shall be called by a new name that the mouth of the LORD will give. You shall be a crown of beauty in the hand of the LORD, and a royal diadem in the hand of vour God.

PSALM Psalm 148

R Praise, O praise the name of the Lord.

Alleluia!

Praise the Lord from the heavens; praise him in the heights.
Praise him, all you angels of his;

praise him, all his host. Praise him, sun and moon; praise him, all you shining stars. R

Praise him, heaven of heavens, and you waters above the heavens.

Let them praise the name of the Lord;

for he commanded and they were created.

He made them stand fast for ever and ever;

he gave them a law which shall not pass away. R

Praise the Lord from the earth, you sea-monsters and all deeps; Fire and hail, snow and fog, tempestuous wind, doing his will; Mountains and all hills, fruit trees and all cedars; R

Wild beasts and all cattle, creeping things and winged birds;

Kings of the earth and all peoples,

princes and all rulers of the world;

Young men and maidens, old and young together. R

Let them praise the name of the Lord

for his name only is exalted, his splendour is over earth and heaven.

He has raised up strength for his people

and praise for all his loyal servants,

the children of Israel, a people who are near him.

Alleluia! R

SECOND READING

Galatians 4:4-7

A reading from the letter of Paul to the Galatians.

When the fullness of time had come, God sent his Son, born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children. And because you are children,

God has sent the Spirit of his Son into our hearts, crying, "Abba! Father!" So you are no longer a slave but a child, and if a child then also an heir, through God.

GOSPEL Luke 2:15-21

Hear the gospel of our Lord Jesus Christ according to Luke. When the angels had left them and gone into heaven, the shepherds said to one another, "Let us go now to Bethlehem and see this thing that has taken place, which the Lord has made known to us." So they went with haste and found Mary and Joseph, and the child lying in the manger. When they saw this, they made known what had been told them about this child; and all who heard it were amazed at what the shepherds told them. But Mary treasured all these words and pondered them in her heart. The shepherds returned, glorifying and praising God for all they had heard and seen, as it had been told them. After eight days had passed, it was time to circumcise the child; and he was called Jesus, the name given by the angel before he was conceived in the womb.

POST COMMUNION

Heavenly Father, whose blessed Son shared at Nazareth the life of an earthly

help your Church to live as one family,

united in love and obedience, and bring us all at last to our home in heaven;

through Jesus Christ our Lord.

